*CREATING YOUR 2016!*

**Q) If you had to describe your 2015 in one word, what word would that be?**

**Q) Give a short description (just 2-3 sentences) of your 2015:**

**Q) What was your biggest achievement in 2015?** *(Note: Celebrate your wins - pat yourself on the back for this achievement!)*

**Q) What was your biggest frustration in 2015?**

**Q) What’s one thing that you wanted to do in 2015 that you didn’t do? What stopped you from doing it?**

**Q) How much did you earn in 2015? How much do you want to make in 2016?** *(be specific!)*

**Q) If you want to earn more money in 2016, how are you going to do it?**

**Q) Jim Rohn said; “You are the average of the five people you spend the most time with”.**

**Who did you spend the most time with in 2015? Do you need to change any of these people with more supportive/positive people?**

1)

2)

3)

4)

5)

**Q) What will your “word for the year” for 2016 be?**

**Q) Write something describing your 2016 as if it turned out exactly how you wanted it. Be specific – don’t be afraid to think BIG, it’s your year!**

**Q) What is your #1 goal for 2016 (the one thing that you most want to achieve)?**

**Q) It’s important to reward yourself for your successes. Choose a reward that you will give yourself once you achieve your goal for 2016. Make it something fun, something you’d love to do, and be specific!**

*(IE: if you’re going to reward yourself with a vacation, declare where it’ll be/who it’ll be with/how long you’ll be there)*

**Q) Lay out your ideal week for 2016. Be specific and define how you want to be spending your time (this will help you when planning your year!)**

**Q) What are three skills that you need to improve on in 2016 to achieve your goal(s)?**

**1)**

**2)**

**3)**

**Q) Who are five people that you already know who can help you gain these skills?**

**1)**

**2)**

**3)**

**4)**

**5)**

**Q) Who are five people that you don’t already know, but should connect with for help with this?**

**1)**

**2)**

**3)**

**4)**

**5)**

**Q) Fast action is important! Reach out today to the ten people you just identified (the five you know + five you don’t know) who can help you create the 2016 that you want. Complete this in the next 24 hours – get momentum!**

*(Note: when connecting with these ten people, ask for ways that you can help them with their goals for 2016. Win/win is key!)*

**Q) How committed are you to changing for 2016?**

***(PRINT AND SIGN THIS, AND DISPLAY IT TO KEEP YOURSELF ACCOUNTABLE IN 2016!)***

**I commit to doing the things that I outlined here to make 2016 my year!**

**Name:**

**Date:**

 If you want help making 2016 your year, check out [www.AccelerateForClients.com](http://www.AccelerateForClients.com) or email Marc at Marc@NaturalBornCoaches.com … best of luck in the new year!